



## **BIO/BACKGROUND**

Dr. Dolores Fazzino (Doctor of Nursing Practice) is a distinguished pioneer in the field of medicine and healing, bridging the world of spirituality and wellness. In more 35 years of nursing experience, she has assisted in approximately 8000 surgeries, bringing her intuitive healing gifts into the O.R to the benefit of patients and the surgeons alike. Gifted since she was a child with intuitive abilities, she's always been on the cutting edge of holistic health.

She worked under the revolutionary Dr. Bernie Seigel, an international expert and surgeon in the field of cancer treatment and complementary, holistic medicine. She was also the first to successfully introduce the concept of nurse practitioners and physician's assistants assisting surgeons in San Diego County at Scripps Memorial Hospitals (Encinitas, La Jolla and Mercy), Tri City Medical Center and Palomar Medical Center —now an accepted practice nationwide.

Entrusted as a surgeon's right hand on complex procedures, Dolores has worked in the specialties of neurosurgery, orthopedics, urology and gynecology using minimally invasive and robotic techniques. Always a visionary, she founded a company called *Prepare Me 4 Surgery* to offer enhanced preparations to patients prior to surgery, employing complementary and alternative therapies. This kind of preparation is now commonly accepted as an adjunct to traditional surgery preparation today.

Dolores trained at the prestigious Yale New Haven Hospital and Children's Hospital, Philadelphia. She earned a Doctor of Nursing Practice degree in 2008 from Case Western Reserve University, one of the top nursing programs in the nation. The focus of her doctoral studies included spirituality, spiritual well-being and energy medicine. She is an international author and speaker, master energy healer and intuitive counselor. Her first book, "*Spiritual Wellness for Life*" (2013), is a powerful book that shares stories of the unseen with many beautiful messages of hope, inspiration, and action steps on how to have more spiritual wellness in your life. A second book, "*7 Keys to Spiritual Wellness*" is available as a free download at [www.spiritualwellnessforlife.com](http://www.spiritualwellnessforlife.com). –END–