



Reviews for “Spiritual Wellness for Life”

“Dolores Fazzino inspires her readers to care for their spiritual wellness through the sharing of her compelling personal stories. Her stories about spiritual connection with family members, pets and those who have passed offer others hope and validation. Dolores reinforces the importance of acknowledging our individual spiritual experiences as part of life. At the end of each chapter, she generously offers several easy-to-implement tools to promote spiritual wellness. I particularly appreciated her suggestions on how to better connect with our intuitive selves and her Forgiveness Script”.

- [Cynthia J Backer](#)

“I loved reading this book, it is so well written that I felt like I was right there in each of the author's experiences. Dolores' real life stories are truly inspirational and remind us to pay attention to the signs the universe offers daily. **Each of our lives are our own unique journey and we have plenty of help at our disposal if we are willing to be open to spirit.** That is why spiritual wellness is so important to understand, and Dolores gives helpful tips that are easy to understand and incorporate into our daily lives.

-[Sarah Mendes](#)

“I have had the pleasure of caring for patients with Dolores in the operating room as well as witnessing a presentation she did for the Holistic Chamber of Commerce which included three mental exercises for increase peace and well-being. I can tell you that her talk had me riveted and I couldn't believe it when her 20 or so minutes were up. This book similarly flew by and when I finished it, I wished I could read on and on. It opened my eyes to some very interesting ideas that I have never thought about before. Now I think of pets in a whole new way and want to visit "John of God" in Brazil. Her voice rings with the sweet, wide-eyed enthusiasm that I imagine she had as a little girl, piping up while watching The 6th Sense that she "saw dead people" too. **I am sure this book will be a comfort and inspiration to those looking for answers to some of life's most difficult questions if they are open-minded enough to consider that there is a beautiful supernatural world all around us.**” --[Cpt2020 \(Amazon Review\)](#)

I'm reading Dr. Fazzino's book and although it is short, I cannot do it in one sitting as it inspires a contemplative state. Whew!” -[Robert E Watkins](#)

REVIEWS (cont.)

“Wow! I never read 83 pages so quickly! I could not put it down. Dr. Fazzino's writing is so smooth and fluid. She recounts her many miraculous experiences with the spiritual world, starting since she was very young. I enjoyed being reminded to keep an eye out for, and to appreciate the many synchronistic experiences that come our way in life, and to release our fears.” [Angelica Maria Zaid](#)

“Dolores' book enlightened me to the spiritual world around me. I knew it was always there, but couldn't necessarily see it. Now I am much more aware, and actually had a patient of mine wake up from anesthesia, who insisted that both his uncle and cousin were there with him! They both had passed a few years back....Hello! Psychic surgery!” - [Bonnie Klotzly](#)