



NEWS RELEASE
Leann Garms

CONTACT:

leann@buildbuzzlaunch.com
214-289-3563 @bblmedia

"Spiritual Wellness" Book Offers Inspiring Stories of Forgiveness, Transformation and Healing

Respected doctors endorse book filled with examples of invisible forces that aid in surgery.

SAN DIEGO, June 26, 2014 -- As an operating room nurse for more than 30 years, [Dolores Fazzino](#) (www.spiritualwellnessforlife.com) realized early in her career that there is a connection with the spiritual world that helps each of us on our journey through life. She has captured inspiring stories of invisible healing in a new book, "Spiritual Wellness," in which she offers hope to others who want to move through life challenges with grace and ease and embrace their souls and create the lives they desire. Photo - <http://photos.prnewswire.com/prnh/20140625/121739>

"'Spiritual Wellness' is a [complementary and alternative medicine book](#) that brings together my personal and professional lives, sharing stories of an invisible force that has assisted with my journey," said Fazzino, a Doctor of Nursing Practice (DNP), Registered Nurse (RN) and Assistant Surgeon practicing in seven hospitals in San Diego County. She is an internationally featured media speaker and author. She is a leading authority on combining traditional medicine, energy healing and spirituality to assist clients.

The book is endorsed by such well-respected doctors as Dr. Yale Kadesky, plastic surgeon and co-founder of the Ashleigh Roach Memorial Burn Foundation and Dr. Bernie Siegel.

"I have experienced much of what Dolores has written about. My latest book 'The Art of Healing' also reveals how to make the invisible visible and reach our human potential. We need to live by our experience and not let beliefs limit our lives. The many experiences she shares can become a part of your life when you quiet your mind like the still pond and see the true reflections. So read on and open your mind to the nature of consciousness and life," said Bernie Siegel, MD, author of "A Book of Miracles" and "The Art of Healing."

"I noticed and sensed much more was occurring with patients than what I could physically see. As time progressed I witnessed firsthand what was unseen. I realized that there is a connection with the spiritual

SPIRITUAL WELLNESS 2

world that helps each of us on our journey through life. The spirit world offers assistance in healing the physical, emotional, mental, and spiritual parts of us and these parts are connected like a matrix. I am an expert in assisting in surgery in the spiritual realm as well as the physical," she said.

"I witnessed events where there was more happening than what can be seen by our physical eyes. Being mindful that western medicine was not ready to hear about such things, I shared this information with a select group of medical colleagues and friends. The foundation of western medicine is the practice of 'evidence-based' or research-proven medicine. All other possibilities are not reliable, do not exist or are looked down upon. Yet more and more of my professional experiences were showing me a different view," she said.

"Over time, as my clairvoyant sight developed, I was seeing many beings of light in the surgical suite, in addition to the physical people present. It was as if the beings of light were there to assist with healing of the patient in a different dimension," she said.

"Doctors trained in and committed to the rational world of western medicine, have come to believe in my ability to see what they cannot and help patients in ways they aren't able," she said.

"The story begins with my initiation to the spirit world through observing a miraculous healing, and travels through encounters with spirit in birth and in death, helping deceased souls cross to the other side, and tragic events such as 9/11 and wildfires."

The stories marry two concepts: western medicine in the physical world and energy medicine in the spiritual realm. I work in the physical realm and connect to medical teams in the spirit world. I work with medical doctors in the world of surgery and with spirit doctors and healers to assist healing humanity and the earth as well. My stories have assisted many colleagues, clients, friends and family with healing their lives.

At the end of each chapter readers will see ideas to have more spiritual wellness in their lives.

For more information: <http://www.SpiritualWellnessForLife.com>

About Dolores Fazzino, DNP, RN

Dolores Fazzino received her Doctorate in Nursing Practice (DNP) from Case Western Reserve University in 2008. Along with other medical professionals such as Eben Alexander, she is pioneering a bridge between the physical and spiritual worlds to assist others with healing, transformation and wellness.

As a nurse practitioner her intuition assisted her in caring for hundreds of patients. The capability to just "know" things was helpful. She studied personal development, spirituality, and non-traditional healing therapies, such as energy healing or energy medicine.

###